

# Are you interested in cycling, air quality and impacts on your health?

We invite you to participate in a research study on the health effects of air pollution among cyclists.

We are inviting recreationally active people aged 19-39 years to participate in a research study related to the health impacts of cycling in an urban environment.

You will be asked to bicycle along two routes in Vancouver, while instruments on a bicycle measure the air pollution you are exposed to during the ride. You will be asked to provide a small blood sample and complete a non-invasive test of blood vessel health (similar to a blood pressure measurement) before and after each ride.

Each participant will need to bicycle for one hour on two occasions. Subjects must be non-asthmatic, and have no other cardiovascular or respiratory diseases.

**If you are interested in learning more about the study, please contact: [ubc.bike.study@gmail.com](mailto:ubc.bike.study@gmail.com)**

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